Controllable Tracking-Based Video Frame Interpolation

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Fig. 1. We present a tracking-based video interpolation method that can take sparse user-specified point tracks as input to improve the interpolation quality and express user's artistic intents. Our method first generates results without any additional inputs and then can be optionally modified to improve interpolation quality. © 2025 Disney

Temporal video frame interpolation has been an active area of research in recent years, with a primary focus on motion estimation, compensation, and synthesis of the final frame. While recent methods have shown good quality results in many cases, they can still fail in challenging scenarios. Moreover, they typically produce fixed outputs with no means of control, further limiting their application in film production pipelines. In this work, we address the less explored problem of user-assisted frame interpolation to improve quality and enable control over the appearance and motion of interpolated frames. To this end, we introduce a tracking-based video frame interpolation method that utilizes sparse point tracks, first estimated and interpolated with existing point tracking methods and then optionally refined by the user. Additionally, we propose a mechanism for controlling the levels of hallucination in interpolated frames through inference-time model weight adaptation, allowing a continuous trade-off between hallucination and blurriness.

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Even without any user input, our model achieves state-of-the-art results in challenging test cases. By using points tracked over the whole sequence, we can use better motion trajectory interpolation methods, such as cubic splines, to more accurately represent the true motion and achieve significant improvements in results. Our experiments demonstrate that refining tracks and their trajectories through user interactions significantly improves the quality of interpolated frames.

CCS Concepts: • Computing methodologies \rightarrow *Image processing*; Reconstruction.

Additional Key Words and Phrases: Video Frame Interpolation, Point Tracking, User Control

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1 Introduction

Video frame interpolation (VFI) is a commonly used image postprocessing technique with a wide range of applications, such as frame rate adjustment [Castagno et al. 1996], novel-view synthesis [Kalantari et al. 2016], and the generation of artistic slow-motion effects [Jiang et al. 2018]. While the advances made in recent years [Jin et al. 2023; Li et al. 2023; Niklaus and Liu 2020; Zhou et al. 2023] have greatly improved the quality of interpolated frames, finding correspondences in scenes with large or complex displacements between the keyframes and compensating for the motion remains a challenging problem, limiting practical use cases. Additionally, as an ill-posed problem, VFI typically generates a single variant out of many plausible intermediate frames, which may differ from the user expectations. Yet, so far little research has been done in adding control over the interpolated outputs.

On the other hand, significant progress has been made in estimating sparse point correspondences [Luo et al. 2023; Zhang et al. 2024a] and tracking points through a video [Doersch et al. 2023; Karaev et al. 2025; Neoral et al. 2024; Tumanyan et al. 2025; Wang et al. 2023]. Despite this progress, such point tracks have not yet been utilized to improve frame interpolation. Furthermore, frame interpolation methods are typically trained on real-world videos containing various kinds of motion. However, a simple motion model is typically assumed during training, leading to misalignment between the interpolated output and the reference.

In this work, we make the connection between point tracking, and non-linear motion estimation to present a novel tracking-based frame interpolation method, designed around enabling using user control over interpolation outputs. The method uses sparse point tracks as an input, obtains dense flows from keyframes to the target frame, and inverts and refines them into optical flows that are used to synthesize the final frame. The tracks can first be estimated fully automatically with an off-the-shelf tracking algorithm and optionally refined through a user interaction, e.g., to specify correspondences that were missed by the point tracker or to control their trajectories between the keyframes. By training the model with tracks that are estimated from full sequences, including the target frame, we enable it to reconstruct the true motion and avoid temporal misalignment between the model's prediction and the ground truth [Briedis et al. 2021; Kiefhaber et al. 2024; Zhong et al. 2025]. As an additional means of control, we propose an extension to our model to enable test-time trade off between hallucination and blurriness, similar to a low-rank adaptation (LoRA) [Hu et al. 2022b] of the model weights.

Although we focus on adding controllability through point tracks, our base model already achieves competitive performance on the challenging DAVIS dataset. Especially in subjective ratings, our base model excels even when compared to concurrent work. When leveraging point tracks, we can show significant interpolation quality improvements.

To summarize, our main contributions are:

- designing the first frame interpolation architecture that can leverage a set of sparse point tracks for motion estimation, enabling non-linear interpolation during training and inference;
- introducing controllability regarding motion and appearance to help artists address potential imperfections and achieving their artistic intent;
- achieving state-of-the-art frame interpolation results on challenging sequences.

2 Related Work

Classically, frame interpolation has relied on optical flow and image warping [Baker et al. 2011]. Most of the modern learning-based methods build on top of their differential counterparts or estimate the motion implicitly with *phase-based* [Meyer et al. 2018, 2015], *kernel-based* [Lee et al. 2020; Niklaus et al. 2017a,b] or *direction prediction* [Choi et al. 2020] methods. We refer to the survey by Dong et al. [2023] for a more complete list of prior work.

Some of the *motion-based* methods use a pre-trained optical flow estimator [Sun et al. 2018; Teed and Deng 2020] to forward-splat the keyframe features or flow to the target frame [Bao et al. 2019; Hu et al. 2022a; Niklaus et al. 2023; Niklaus and Liu 2018, 2020], or additionally jointly learn the forward motion [Jin et al. 2023]. Other methods predict the motion from the target frame to the keyframes directly to backward-warp them [Huang et al. 2022; Kong et al. 2022; Reda et al. 2022] or combine with forward warping [Danier et al. 2022; Park et al. 2020; Sim et al. 2021]. Our method falls most closely in the last category but instead uses sparse tracks to handle the forward motion while the backward motion is updated in a dense manner at a fixed resolution instead of using coarse-to-fine processing.

More recent paradigms employ the transformer architecture [Lu et al. 2022; Park et al. 2023; Plack et al. 2023; Zhang et al. 2023; Zhou et al. 2023], diffusion models [Danier et al. 2024; Jain et al. 2024], all-pair correlation volumes [Li et al. 2023; Liu et al. 2024], or state space models [Zhang et al. 2024b]. Other works focus on perceptual aspects [Wu et al. 2024], or improving optical flow reversal from the keyframe flows [Guo et al. 2024; Jeong et al. 2024].

Most methods assume linear motion between the keyframes while only a few estimate quadratic motion [Liu et al. 2020; Xu et al. 2019; Zhang et al. 2020] or learn non-linear motion implicitly [Choi et al. 2021; Hu et al. 2024; Kalluri et al. 2023; Park et al. 2021]. While all of these methods can learn a more plausible motion than the linear one, they provide no control and still suffer from misalignment with the reference. Kiefhaber et al. [2024] also address the issue with non-linearities in the frame interpolation training and evaluation data but propose to filter them build a benchmark with only linear motion. Concurrently with our work, Zhong et al. [2025] address training with non-linear data and introduce control over time curves for different segments of an image. User controllability by utilizing conditioned video diffusion models has also been explored [Tanveer et al. 2025; Wang et al. 2025b]. While large generative models perform well at synthesizing new content, they incur very high computational costs and limitations in high-resolution fine-grained detail reconstruction.

The only other existing control for frame interpolation has been proposed as a binary decision between models trained on color or perceptual losses [Niklaus and Liu 2020; Plack et al. 2023; Reda et al. 2022] with no intermediate options. For the task of image upsampling, ESRGAN [Wang et al. 2018] provides control of the appearance using weight interpolation but require interpolating two full sets of weights before inference and does not allow training for intermediate steps. Pan et al. [2023] present an optimization-based method for controlling GAN-generated images using handle points but is limited to images that can be represented in its latent space.

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Fig. 2. Method overview. The initial tracks are obtained using an *off-the-shelf* point tracker and optionally adjusted through user interaction, *e.g.* to specify non-linear motion between the keyframes. These tracks are densified at keyframes to obtain approximate forward flows, which are forward-warped to create the initial bilateral flows $\mathbb{F}_{t\to\{0,1\}}^0$. These flows are refined at the target timestep and used to warp keyframe feature pyramids to synthesize the final frame.

Recent point tracking methods [Doersch et al. 2023; Karaev et al. 2025; Neoral et al. 2024; Tumanyan et al. 2025; Wang et al. 2023] have shown great improvement in sparse point tracking but often are prohibitively expensive for dense tracking. Le Moing et al. [2024] propose *dense optical tracking* (DOT), initializing coarse estimate with sparse tracks and refining it with a customized version of the flow estimation model RAFT [Teed and Deng 2020]. As part of our method we solve a related problem of estimating dense flow to an unknown target frame based on sparse point tracks.

3 Tracking-Based Frame Interpolation

The goal of our method is to reconstruct a frame I_t between two keyframes $I_{\{0,1\}}$ by utilizing sparse point tracks extracted from the video or provided as a user input. An overview of the method is shown in Figure 2.

First, we obtain and process points tracks between the input frames. We then use them to compute coarse non-linear optical flows from keyframes the target temporal position, followed by flow reversal and refinement which applies multiple iterations of flow update steps. Finally, we use the refined flows to backward-warp the keyframes and synthesize the final frame.

3.1 Obtaining Point Tracks

At first, we obtain *L* point tracks, such that *l*-th track $P^l = \{(\mathbf{x}_j^l, v_j^l) | j \in N\}$ contains the position **x** of the same 3D point projected onto the camera in each of the *N* input frames and $v \in \{0, 1\}$ denotes its visibility. In this work, we consider that the tracks can be obtained automatically using an off-the-shelf method, or refined and provided manually through a user input. For most of our experiments, we automatically extract point tracks using the CoTracker2 [Karaev et al. 2025] method.

To obtain automatically extracted tracks' positions at the target time step *t*, we linearly interpolate the position of each track. In case the track visibility changes between the two key-frames $I_{\{0,1\}}$, it is unknown at which intermediate timestep it became occluded. To reflect this, the visibility *v* for the interpolated track position is set to the minimum of both key point, *i.e.* it is marked as visible only if it is visible in both closest keyframes. Note that as a point can be tracked through the whole video, any discrete higher order point interpolation methods, such as cubic splines, can be used. Additionally, their position and visibility at the target frame can be further adjusted via a user input. Please see the supplementary video for an example how it can be done interactively.

As during training the target frame is known, we extract tracks from all input frames to obtain a better estimation of their position and visibility. It allows to spatially align the outputs with the reference image resulting in a better training supervision signal.

3.2 Flow Densification

Having sparse correspondences from one of the keyframes I_0 to the intermediate target frame I_t and the other keyframe I_1 , our goal is to obtain dense flow $F_{0\rightarrow t}$ that follows the given tracks. Figure 3 illustrates the improvements from our densification process. For context, the reference optical flow computed from the ground truth middle frame is shown.

Although naive, spatial nearest-neighbor interpolation of displacements associated with the visible points is a good starting point. More formally, we define this nearest flow field from i to j at pixel y as

$$\bar{\mathbf{F}}_{i \to j}[\mathbf{y}] = P_j^{l^*} - P_i^{l^*}, \quad l^* = \operatorname*{arg\,min}_{l \in \{1...L \mid v_i^l\}} ||P_i^l - \mathbf{y}||_2 . \tag{1}$$

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Fig. 3. Track densification into $\hat{\mathbf{F}}_{0 \to t}$. We show the output of the nearest-neighbor and barycentric interpolation approaches compared to our densification method for obtaining the optical flow from a keyframe to the target frame. For reference, we show RAFT output which can not be obtained during inference since the middle frame is unknown.

However, this densification is agnostic to the image content and contains inaccuracies (see Figure 3), even when using more complex approach such as barycentric interpolation.

To improve on this initial result, we want to refine the initial coarse flow estimation $\bar{F}_{0\rightarrow 1}$ by utilizing input frames I_0 and I_1 . While any refinement model can be used, for the purposes of our experiments, we leverage DOT [Le Moing et al. 2024], which uses the coarse flow as the initial starting point for a task-adjusted RAFT optical flow model. While we cannot use DOT directly to obtain $F_{0\rightarrow t}$, as I_t is unknown, we employ it to obtain refined keyframe flow $\tilde{F}_{0\rightarrow 1}$ (and $\tilde{F}_{1\rightarrow 0}$ analogously):

$$\tilde{\mathbf{F}}_{0\to 1} = \mathsf{DOT}(\bar{\mathbf{F}}_{0\to 1}, I_0, I_1)$$
 (2)

One can note that on one side, the motion of the tracked points is more reliable, while on the other side the refined keyframe flow better represents the pixel level neighborhood relationship in terms of both content and motion. Our proposal is to leverage both for a better densification. Specifically the similarity in terms of keyframe motion is used to associate pixels and point, to query intermediate flow values. More formally, we define it as:

$$\hat{\mathbf{F}}_{0\to t}[\mathbf{y}] = P_t^{l^*} - P_0^{l^*},$$
(3a)

$$l^* = \underset{l \in \mathcal{N}_{k}^{0}(\mathbf{y})}{\arg\min} \left| (P_1^l - P_0^l) - \tilde{\mathbf{F}}_{0 \to 1}[\mathbf{y}] \right|, \qquad (3b)$$

$$\mathcal{N}_{K}^{i}(\mathbf{y}) = \left\{ k \mid k \in \operatorname{argsort}_{l \in \{1...L \mid v_{i}^{l}\}} ||P_{i}^{l} - \mathbf{y}||_{2} \right\}, \quad (3c)$$

where \mathcal{N}_{K}^{i} gives the K = 16 spatially nearest visible neighbors.

A representation of the these different refinement stages is provided in Figure 4, where we see the transition from the initial set of tracked points, the densification using nearest-neighbors, the refinement of the key-frame flow using DOT, and its usage to query motion vectors from the tracked point to create a better densification for both the target (middle) and key frame.

3.3 Flow Refinement and Frame Synthesis

Having obtained trajectory-adjusted flows $\hat{F}_{i \rightarrow t}$ from the keyframes to the target timestep, we use them for the final frame synthesis. As the densified outputs are still relatively coarse, we choose to refine them by splatting them to the target timestep, applying iterative flow update steps, and, finally, using backward warping to provide keyframe information to the frame synthesis module.



Fig. 4. The different stages for the densification of tracked points, transitioning from the initial set of tracked points to dense target and key frame flows. We use key-frame flow from DOT to query motion vectors from the tracked point to create a better result for both the target (middle) and key frame. See the text (Section 3.2) for more details.

Flow Reversal. To obtain the initial flows $\mathbf{F}_{t \to i}^{0}$ from the target frame to keyframes, we reverse them with forward warping \mathcal{W} :

$$\mathbf{F}_{t \to i}^{0} = \mathcal{W}_{\hat{\mathbf{F}}_{i \to t}}(-\hat{\mathbf{F}}_{i \to t},), \tag{4}$$

using exponential weights [Niklaus and Liu 2020]. As we cannot use brightness constancy due to non-linear motion, we opt to use depth-aware weighting [Bao et al. 2019] extracted with the monocular Depth Anything V2 [Yang et al. 2024] model and further refined with a small network together with the input features and flow $\hat{F}_{i \rightarrow t}$.

Flow Refinement. We refine the initial flow fields $\mathbf{F}_{t\to\{0,1\}}^{0}$ over K = 4 iterations into the final flows $\mathbf{F}_{t\to\{0,1\}}^{K}$, simultaneously solving the interpolation and optical flow problems.

At first, we compute 5-level scale-agnostic feature pyramids [Reda et al. 2022] of the input frames. In every iteration, we backward-warp the bottom 3 levels of scale ($^{1}/_{4}$, $^{1}/_{8}$, $^{1}/_{16}$) with the current flow estimates $\mathbf{F}_{t \to \{0,1\}}^{k}$ and update flows along a hidden state \mathbf{h}_{k} that is initialized as a learnable vector, repeated across the spatial dimensions.

For the update step, we choose to adopt recurrent update block, re-purposed for multi-level processing [Wang et al. 2025a]. This achieved by starting the processing from the lowest level and concatenating it with the bilinearly upsampled hidden state of the previous level. The flow update is only performed at the $^{1}/_{4}$ resolution.

Frame Synthesis. For the final frame synthesis, we construct a pair of feature pyramids and bilinearly backward-warp them with rescaled and bilinearly resampled $F_{t \to \{0,1\}}^{K}$. We then apply an occlusion mask to the warped frames of the valid pixels in $F_{t \to \{0,1\}}^{0}$. That is, we zero out warped features if not a single value was forward-warped to that pixel.

Warped features, along with the final hidden state \mathbf{h}_k at ¹/₄ resolution, are concatenated on every level of scale and processed with a 3 × 6 GridNet [Fourure et al. 2017] to obtain the final interpolated frame.

3.4 Low-Rank Sharpness Adapter

Training with just pixel losses often yields blurry results therefore many methods perform a fine-tuning stage with a perceptual feature loss [Niklaus and Liu 2018, 2020; Niklaus et al. 2017b] as well as style loss [Plack et al. 2023; Reda et al. 2022] to improve the perceptual quality. However, models tuned with such losses can sometimes exhibit artifacts or hallucinate unwanted anomalies such that blurry results can be the preferred behavior. We propose a method extension that allows to control the level of sharpness and hallucination based on low-rank adaption (LoRA) [Hu et al. 2022b].

We first train the model without any perceptual losses and then fine tune only the low rank updates for each convolution [Mangrulkar et al. 2022] of the frame synthesis network lateral blocks while adding VGG feature difference loss [Niklaus and Liu 2018].

The output of each convolution is redefined to

$$y = \Phi(x) + w \cdot \Delta \Phi_r(x) , \qquad (5a)$$

$$\Delta\Phi_r(x) = K_2^{r \times d} * K_1^{d \times r} * x , \qquad (5b)$$

where *x* is the input, Φ is the original convolution and $\Delta\Phi_r$ is a lowrank convolution first mapping inputs to the lower *r*-dimensional space and then transforming back to the original *d*-dimensional space, *w* is the control weight that is uniformly sampled during training $w \sim \mathcal{U}_{[0,1]}$. Both $\Delta\Phi_r$ weights are fine-tuned and the second weight is initialized to as zeros while the original $\Phi(x)$ is frozen.

During inference, we can dynamically change the control weight w to achieve different outputs without retraining the model. Additionally, the weight can be changed spatially to control only some parts of the image. To provide a spatially-varying mask to lower levels of the GridNet we apply average pooling operation.

4 Experiments

Training Details. We train our method on VIMEO-90K [Xue et al. 2019] septuplet dataset. During training, we sample random 256×256 crops from a uniformly-spaced frame triplet. For data augmentation we apply temporal and spatial flips. The model is trained with the Adam [Kingma and Ba 2015] optimizer with batch size of 4 for 500K steps. We use the reciprocal square root learning rate schedule [Zhai et al. 2022], performing 100K warm up and cooldown steps, with peak learning rate reaching of 10^{-4} . Following Lu et al. [2022], we use L_1 and *Census* losses. It takes approximately 45 hours to train

our final model on a single *NVIDIA RTX 4090* GPU using mixed-precision training.

Sharpness LoRA Training. To train the low-rank sharpness adapter, we add perceptual feature loss following [Niklaus and Liu 2018] and train for an additional 200K steps using constant learning rate of 10^{-3} . The fine-tuning takes additional 13 hours.

Point Tracking. To obtain the points between the keyframes we use CoTracker2 [Karaev et al. 2025]. For training, we use a single set of pre-generated tracks per sequence, initialized on a regular grid with an edge size of 16 in 3rd and 5th frame and tracked over the whole sequence. During inference, by default we sample 2048 points near motion boundaries similar to Le Moing et al. [2024]. For the user interaction tests we use a regular with an edge size of 32 to have fewer tracks that need to be interacted with.

Evaluation. To evaluate our methods we adopt the commonly used VIMEO-90K test splits and the more challenging DAVIS [Perazzi et al. 2016] dataset at 1080*p* resolution. For DAVIS dataset we interpolate 4-th frame of each of the 50 sequences based on its two neighboring frames. Unless otherwise noted, we use sharpness control value w = 1.0.

Runtime and Memory. When measured over the DAVIS test set, tracking 2048 points takes $0.30 \pm 0.00s$, while running the whole interpolation model takes $0.80 \pm 0.06s$. Model inference on a 2*K* dataset uses approximately 8GB of GPU memory, while 4*K* content uses approximately 24GB.

4.1 Comparison with Prior Methods

To evaluate the unassisted baseline performance of our method, *i.e.* without taking any user inputs, we compare it with the traditional state-of-the-art frame interpolation methods. For quantitative comparisons, we re-evaluate the methods with implementations provided by their authors and present the results in Table 1. For *XVFI* we use the variant trained on VIMEO-90K dataset.

A clear benefit from using our method is the possibility to interpolate tracks with cubic splines that represent the motion more accurately. As shown in Table 1 our method shows significant improvement and outperforms prior work by a large margin. Additionally, even our base model shows a strong performance, especially on the more challenging DAVIS dataset, and is on par with the stateof-the art, quantitatively outperforming all prior works apart from the concurrent work GIMM [Guo et al. 2024].

Qualitative comparison with the top-performing two-frame methods is shown in Figure 5. For FILM and our method we show the perceptually trained variants. It can be seen that our method has better quality results when interpolating scenes with complex motion.

4.2 Motion Control Evaluation

To quantitatively evaluate how user-provided correspondence points can improve the interpolation quality, we simulate it by extracting tracks from the sequence, including the target reference frame.

Initially, we extract point tracks between both keyframes as in traditional inference and linearly interpolate them, while also track 6 • Karlis Martins Briedis, Abdelaziz Djelouah, Raphaël Ortiz, Markus Gross, and Christopher Schroers





Table 1. Quantitative evaluation against prior methods, without using any user inputs. We list the methods trained with perceptual losses separately. For our model we report two scores with different sharpness control values S_{w} . Finally, we report results with non-linear motion estimation from four input frames on the DAVIS dataset. It is not applicable for VIMEO-90K.

	VIM	eo-90K	X 256 <i>p</i>	DAVIS 1080 <i>p</i>			
	PSNR	SSIM	LPIPS	PSNR	SSIM	LPIPS	
	Î	Î	\downarrow	Î	Î	\downarrow	
SoftSplat- \mathcal{L}_1 [Niklaus and Liu 2020]	36.09	0.970	0.0220	26.65	0.796	0.1907	
XVFI-Vimeo [Sim et al. 2021]	35.06	0.963	0.0234	24.83	0.752	0.2332	
ABME [Park et al. 2021]	36.22	0.971	0.0217	27.06	0.811	0.1889	
VFIFormer [Lu et al. 2022]	36.55	0.972	0.0207	Out of Memory			
RIFE [Huang et al. 2022]	34.28	0.957	0.0192	26.79	0.792	0.1175	
FILM- L_1 [Reda et al. 2022]	36.05	0.970	0.0201	27.42	0.811	0.1162	
AMT-G [Li et al. 2023]	36.53	0.972	0.0195	26.80	0.799	0.1832	
UPRNet LARGE [Jin et al. 2023]	36.43	0.972	0.0206	25.95	0.782	0.2316	
EMA-VFI [Zhang et al. 2023]	36.65	0.972	0.0205	26.41	0.784	0.2213	
SGM 50% [Liu et al. 2024]	35.81	0.968	0.0217	27.14	0.806	0.1760	
CFA-RIFE [Zhong et al. 2025]	34.85	0.962	0.0241	27.70	0.823	0.1638	
VFIMamba [Zhang et al. 2024b]	36.64	0.972	0.0202	27.34	0.814	0.1869	
GIMM [Guo et al. 2024]	35.74	0.967	0.0122	28.77	0.838	0.0738	
Ours- $S_{0.0}$	35.74	0.968	0.0212	28.16	0.829	0.1176	
SoftSplat- \mathcal{L}_F [Niklaus and Liu 2020]	35.45	0.964	0.0128	26.20	0.767	0.1337	
FILM- \mathcal{L}_S [Reda et al. 2022]	35.86	0.969	0.0132	27.22	0.802	0.0970	
PerVFI [Wu et al. 2024]	34.02	0.954	0.0179	27.38	0.808	0.0912	
LDMVFI [Danier et al. 2024]	33.11	0.945	0.0233	24.65	0.727	0.1658	
Ours- $S_{1.0}$	35.49	0.966	0.0142	27.98	0.820	0.0839	
FLAVR [Kalluri et al. 2023]		n/a		26.29	0.778	0.2874	
Ours- $\mathcal{S}_{0.0}$ -cubic splines		n/a		29.30	0.852	0.1123	
Ours- $S_{1.0}$ -cubic splines		n/a		28.95	0.844	0.0791	

Table 2. Quantitative evaluation of motion control by observing the interpolation improvement depending on the number of reference tracks provided to our method. See the text for more details.

	Vімео-90К 256 <i>р</i>			DAVIS 1080 <i>p</i>			
Reference Tracks	PSNR	SSIM	LPIPS	PSNR	SSIM	LPIPS	
#	Î	Î	\downarrow	Î	↑	\downarrow	
0	35.51	0.967	0.0141	27.84	0.820	0.0853	
4	35.62	0.967	0.0140	27.91	0.821	0.0840	
8	35.72	0.968	0.0139	27.93	0.821	0.0839	
16	35.87	0.969	0.0137	27.96	0.822	0.0837	
32	36.11	0.970	0.0134	28.05	0.826	0.0831	
64	36.46	0.971	0.0130	28.28	0.836	0.0816	
128	36.57	0.972	0.0129	28.91	0.860	0.0774	
256	36.57	0.972	0.0129	30.24	0.899	0.0699	
512	36.57	0.972	0.0129	31.66	0.925	0.0645	

the same points across all keyframes. We then evaluate which tracks have the largest error between the true and linearly assumed motion, defined as

$$error_{l} = ||P_{l}^{l} - \frac{P_{0}^{l} + P_{1}^{l}}{2}||_{2} .$$
(6)

Subsequently, we select a specified number of reference tracks with the largest error and replace them with their true position in



Fig. 6. Sharpness control results. PSNR and LPIPS values for different perceptual control values S_w over the DAVIS test dataset.

the target frame. This process approximates a scenario where a user notices interpolation errors and corrects them by adjusting nearby tracks.

In Table 2, we show how the number of provided tracks, extracted by using the reference, impacts the final interpolation result on our two benchmarks. It can be observed that by increasing the number of control points, the interpolation quality also improves.

4.3 Sharpness Control Evaluation

Results with two sharpness control values are reported in Table 1. In Figure 6 we show how different control values impact the perceptiondistortion quality.

4.4 Ablation Study

We present an ablation study in Table 3, evaluating the impact of training data, point densification methods, and network components.

First, we train our model on VIMEO-90K triplet (3F) training dataset as well as the VIMEO-90K septuplet (7F) dataset, adjusting the ratio of tracks with linear assumption. That is, during training with a chosen probability lin we replace the true position of all target frame tracks with a linear approximation. These results show the benefits of training with more challenging data, while highlighting the importance of considering the non-linear motion during training.

In the second part, we investigate the impact of different point densification approaches by comparing nearest and barycentric interpolation methods with our algorithm, described in Section 3.2. Additionally, we consider an extension of our algorithm that optimizes continuous blending weights for nearest neighbors and applies them to the target frame tracks.

Finally, we ablate design decisions in our model by training a model without providing depth values to the splatting weight estimation, without masking occluded regions, and using a smaller, efficient model with halved internal layer feature dimensions. While some alternative variants perform better quantitatively, we prioritize the perceptual quality.

Table 3. Ablative experiments on the model design and training data.

		Vімео-90К 256 <i>р</i>			DAVIS 1080 <i>p</i>			
		PSNR	SSIM	LPIPS	PSNR	SSIM	LPIPS	
	Scenario	Î	Î	\downarrow	Î	Î	\downarrow	
Training Data	3f	35.97	0.970	0.0204	27.89	0.827	0.1181	
	7F,lin=100%	35.87	0.967	0.0256	28.63	0.841	0.2109	
	7F,lin=75%	35.89	0.968	0.0253	28.62	0.842	0.2038	
	7F,lin=50%	35.93	0.968	0.0254	28.56	0.840	0.2009	
	7F,lin=25%	35.95	0.968	0.0262	28.79	0.848	0.1804	
	7F, lin=0% (Ours)	35.74	0.968	0.0212	28.16	0.829	0.1176	
Densification	Nearest	35.66	0.968	0.0209	28.09	0.827	0.1187	
	Barycentric	35.53	0.967	0.0217	28.06	0.827	0.1177	
	Optimized	35.74	0.968	0.0211	28.17	0.829	0.1175	
	Ours	35.74	0.968	0.0212	28.16	0.829	0.1176	
Model	w/o Depth	26.73	0.835	0.1321	25.04	0.751	0.2754	
	w/o Occlusion Masking	35.80	0.969	0.0209	28.18	0.829	0.1188	
	Smaller Model	35.63	0.968	0.0215	28.22	0.830	0.1227	
	Ours	35.74	0.968	0.0212	28.16	0.829	0.1176	

4.5 Real-World User Controllability

To interact with the model, we developed an interactive desktop application that allows users to load automatically estimated tracks and modify them by adjusting their position and visibility in each keyframe, as well as delete and add new tracks. It allows choosing different point interpolation methods and to specify global *sharpness* weight.

We use this tool to process several sequences from the DAVIS test set and show results in Figure 8. Examples of interaction are shown in the supplementary video.

4.6 User Study

To evaluate the perceptual improvement of our baseline method as well as the impact of user interactions, we conducted a user study where participants had to give a strong or weak preference for one of two $32\times$ interpolated videos. In the study, 26 users provided 1598 votes and the summary of the results is shown in Figure 7.

Our baseline version, without any user inputs, already shows strong results compared to prior art, with only the concurrent GIMM achieving close results. However, our assisted version, obtained by interacting with the method for 6:06 minutes per sequence on average, shows a clear preference in the user ratings, achieving 91.4% preference over the best prior method GIMM, and 83.7% preference over our unassisted version.

For more details on the user study design and results, please see the supplementary document.

5 Discussion and Limitations

Although we propose a user-oriented frame interpolation method that shows strong unassisted interpolation results and is first to enable full control for improving interpolation outputs and motion trajectories, there are still a few limitations and open areas for future work.



Fig. 7. User study results of comparing our methods - (a) non-assisted and (b) assisted - against prior methods. Dark green and light green represent strong and weak preference for our method, respectively, while dark red and light red indicate strong and weak preference for the compared method.

As our work prioritizes quality and controllability over computational efficiency, it adds an overhead to the interactive workflow. While we find it generally sufficient to make edits in a low interpolation factor preview and only then rendering the high framerate version only once, the high framerate video can sometimes show problems that are not very apparent in the low-framerate video. Future work on increasing interpolation efficiency without compromising quality could allow to interactively preview the final rendering.

Additionally, more investigation into the graphical interface to interact with the model could improve user efficiency and quality outputs. For example, to change trajectories of an object, all points have to be manually selected. This could be improved by use of segmentation models or other tools to automatically guess the region user might want to edit. There is also currently no control over the depth and occlusion values, which makes some sequences, such as *dog-agility* in results, challenging to improve (Figure 9). Another important interaction aspect is removal of incorrect point matches and specifying new ones. Further advances in point tracking algorithms would alleviate some of this burden.

Finally, as our method is inherently based on explicit flow representations, it can fail to interpolate complex elements where the motion cannot be approximated with a single displacement vector, *e.g.* volumes. Adoption of implicit motion modeling (GIMM) [Guo et al. 2024] for flow reversal could further improve the performance of the model.

6 Conclusion

In this paper we have presented a tracking-based frame interpolation method that utilize sparse point tracks to improve the interpolation quality and enable artist control over interpolation results. Using only point tracks, estimated from the keyframes, our method achieves state-of-the-art results on a challenging test dataset.

Additionally, we have shown that by allowing a user to interact with the model, it allows to improve the quality and significantly outperforms prior methods in user preference.



Fig. 8. Qualitative comparison of frame interpolation before and after user interaction, along with GIMM [Guo et al. 2024] results. We show overlaid keyframes as inputs and report metrics per full image.



Fig. 9. User control limitation. With no explicit control over depth and occlusions, it is difficult to improve samples with changing depth (left front paw).

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Figure 2 contains images by Blender Foundation. Figures 3, 5, 8, 9 contain images from the DAVIS dataset [Perazzi et al. 2016].

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